

Work From Home Tax Deduction Calculator

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Method 1: Fixed Rate (67 cents per hour)

Hours worked from home per week: _____

Weeks worked per year: _____ (typically 48)

Annual deduction: _____ hours x \$0.67 = \$ _____

The fixed rate covers electricity, internet, phone, stationery, and computer consumables. You can claim furniture and equipment depreciation separately on top.

Method 2: Actual Cost

Calculate the work-related portion of each expense:

Expense	Annual Cost	Work %	Deduction
Electricity	\$ _____	_____ %	\$ _____
Internet	\$ _____	_____ %	\$ _____
Phone	\$ _____	_____ %	\$ _____
Office furniture (depreciation)	\$ _____	100%	\$ _____
Computer equipment (depreciation)	\$ _____	_____ %	\$ _____
Stationery / consumables	\$ _____	100%	\$ _____
Other	\$ _____	_____ %	\$ _____
TOTAL			\$ _____

Which Method Is Better?

Compare your totals above. If your actual costs give a higher deduction, use that method. If not, the fixed rate is simpler and requires less record-keeping.

Record-Keeping Checklist

- Timesheet or diary of hours worked from home
- Receipts for all expenses claimed under actual cost method
- Receipts for furniture and equipment purchases
- Utility bills showing your name and address
- Evidence of how you calculated the work-related percentage

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